

## Sun Care Policy

Aston University Nursery is committed to ensuring that all children are fully protected from the dangers of too much sun. Severe sunburn in childhood can lead to the development of malignant melanoma in later life.

The following guidelines are for the prevention and care of children in the sun:

- Children must have a clearly named sun hat which will be worn at all times whilst outside in sunny weather. Children without their own hat will be allocated a nursery hat.
- Children must have their own sun cream named and dated with prior written consent within their individual profiles. Staff will apply sun cream for the children or encourage the children who are able to apply their own sun cream prior to accessing the garden during sunny weather or going for walks or outings in sunny weather
- Children need light-weight cotton clothing suitable for the sun. Long sleeves and long trousers are preferential as it reduces the risk of sunburn.
- Children’s safety outside in the sun is the nursery’s prime objective so staff will work closely with parents to ensure all appropriate cream and clothing is provided
- Staff will avoid taking children out in the Midday sun in hot weather conditions
- Children have access to cool water throughout the day and are encouraged to drink more during hotter weather.
- Staff will make day-to-day decisions about the length of time spent outside dependant on the strength of the sun.
- Wherever possible shade will be provided to allow children the children to escape the sun.
- Children will be allowed to make the decision to go inside whenever they choose.
- It is essential for children to access the outdoor environment daily and children should not be attending nursery if they are unable to do so, unless there is a medical reason confirmed by a GP or specialist clinician Persistent failure to supply sun cream will be discussed with parents.

Internal use only

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| <b>This policy was adopted on</b>      | June 22 |
| <b>Signed on behalf of the nursery</b> |         |
| <b>Date disseminated to staff</b>      |         |
| <b>Date for review</b>                 | June 23 |