

Listening to 'under-served' voices is not enough - new methodologies for community engagement in public health

5 Listening Events



were held throughout February and March 2022 in Aston, Newtown, Nechells and Lozells.

In 2018, the percentage of **Aston** households where no one aged 16 or over spoke English as their main language was 25.8%.

Lozells resident employment rates are significantly lower than the city average.

Newtown is one of the most deprived wards in the city.

Lack of funding in the system (councils, NHS and for communities) is having a detrimental impact on people's health.

The Project

A total of **£9422** was made available by **Aston University and Birmingham Community Healthcare NHS Foundation Trust** to work with community organisations to tackle health inequalities in some of the most underserved wards in Birmingham.

Method

The data from 5 listening events was presented at a 'community sandpit' to community partner organisations, who then worked collectively to identify key priorities for their localities and proposed solutions to tackle health inequalities.

Outcomes

£2160 Awarded

The Sewing Project
12 sewing machines were purchased and a weekly sewing class was launched to combat isolation, and enhance mental health.

£1150 Awarded

Digital support for over 50s
IT equipment was purchased to provide training and support to people aged 50+ who are currently digitally excluded.

£800 Awarded

Soil to Boil
Allotment sessions to raise awareness about healthy eating, where food comes from, and share recipes with children and their families.

£700 Awarded

Health Hub
A project about building confidence for women to start exercising and using the gym again.

£1580 Awarded

NHS Fun Day
Launched a 4-week activity programme in response to the mental health crisis young people are currently facing.

Partners

