**Mentoring for Students who are on Placement**

**Guidelines for mentees and mentors**

Final Year students mentor students from the same or similar degree programme who are currently out on placement, all via e-mail.

Mentoring will give the mentee a student’s perspective of the placement experience and support them with the transition back to the final year of study.

**Things you could discuss:**

* **Keeping in touch with campus.** Some students who are on placement can feel distanced from University life and having a mentor can help them keep that link to Aston.
* **Placement problem solving.** Fitting into a new environment can bring its challenges. Mentees may need support to get used to life in the workplace, or international Institution.
* **What is student life after placement like?** What’s it like coming back to full time study after placement? How can you make the transition smooth? Helping mentees to adjust from study to work (or study abroad) and back again.
* **Articulating skills.** A placement will equip you with a variety of new and transferable skills so it’s important that mentees think about how they can use their experiences on placement to evidence these skills when they are applying for Graduate roles.
* **Planning for after Graduation.** Supporting mentees in their decision making about career options, being aware of any early deadlines, where to search for Graduate vacancies, getting CVs and applications spot on and tailored to each vacancy, preparing for interviews and assessment days, how to really sell yourself and your skills.
* **Insight into final year** - What to expect from the final year of study, managing your time effectively during this crucial phase.

Don’t forget to refer to contact us if you need extra support: mentoring@aston.ac.uk