

# The Quarterly Report

## News from the Research Team at Aston University

### JULY 2013

Welcome to the latest edition of the Quarterly Report. Since the last edition, in April, we have been very busy. We ran focus group meetings at Pannel Croft and St Crispin. We also made 85 visits to collect quantitative data, 15 of which were 1-year follow-up visits.

We now have 116 ExtraCare participants enrolled in the quantitative part of the project and 95 ExtraCare participants taking part in the qualitative interviews and focus groups. We have 100 initial well-being assessments and 57 at the 3-month follow-up stage. Additionally, we have 23 control participants. This control group provides us with data to compare with the data that we collect from ExtraCare residents, and allows us to draw interesting conclusions. But we still need more residents to join in the project, to make sure that the results are statistically significant.

### IT'S NOW EASIER TO JOIN IN

Until recently, if you wanted to join in with this research project, you needed to have moved into one of the Extracare locations included less than 3 months ago. Now that the research project has been running for a year, we can also enrol new participants who moved into ExtraCare up to **4 months** ago, or **close to one year ago**.

That is, we really need participants who:

- Moved in within the last few weeks or are about to move in
- Moved in within the last 4 months
- Moved in about 12 months ago.

If you would like to join in, please contact Stuart Wallis (details at the foot of this page)

or speak to your wellbeing nurse. We hope to gain an understanding of the factors that contribute to your well-being by carrying out a series of well-being assessments and/or interviews. The information we gather is confidential and anonymous and you are free to withdraw from the study at any time.

### STUART JOINS THE RESEARCH TEAM



On 1<sup>st</sup> May, Stuart Wallis joined the research team. He is covering Danielle Clarkesmith's role, because she is busy looking after Nora - her new baby girl.

Stuart is a psychologist with a special interest in research methods and statistics. He collects most of the quantitative data, so you may see him walking around visiting people.

### WHAT IS HAPPENING NEXT?

We are continuing to recruit new participants, and collect quantitative well-being data from them and from existing participants at follow-up visits.

We also have focus groups arranged at:

- James Beattie on the 2<sup>nd</sup> August
- Imperial Court on the 21<sup>st</sup> August
- Rosewood Court on 1<sup>st</sup> October

We are also preparing for the well-being conference at Birmingham City University on 25 July. Four of us will attend the conference and present our analysis of the ExtraCare data collected so far.