

How to sign up to a workshop

Workshops are FREE and available to **all students**. Please note that you can **sign up to the workshops a maximum of 2 weeks prior to each session**.

To book yourself onto a workshop contact us with your **full name, student number** and the **workshop reference number(s)**:

- LDC enquiries desk (1st Floor of the Library) 10am – 5pm weekdays
- Phone: 0121 204 3040
- Email: ldc@aston.ac.uk
- For more information visit www.aston.ac.uk/ldc
- For more information visit the [LDC Blackboard Module](#)

Frequently Asked Questions

Can anyone attend a workshop?

Workshops are FREE and open to anyone, whether you're new to Aston or an existing student.

What will a typical workshop consist of?

A mixture of group discussions, tutor presentations, and small-group activities.

Do I need to bring anything along to the workshop?

You'll need to bring along pens and paper, and an interest in developing your skills.

Do I need to be referred by my personal tutor/lecturer?

No. Attendance is voluntary and open.

Will my lecturers know that I've attended a workshop?

No. We are an independent and confidential service.

Will there be any assessment or 'homework'?

No. The sessions are designed to encourage you to apply your new skills to your Aston assignments.

What happens if I sign up for a workshop and then change my mind?

Places for the workshops are limited so if you need to cancel please contact us as soon as possible so that we may offer the space to another student.

Is there any other support available if I cannot attend a workshop?

Yes. You can book an one-to-one tutorial with a Learning development advisor or a student writing mentor. You can also visit the LDC module on Blackboard where you can access workshop materials and other resources.



MAXIMISE YOUR POTENTIAL

AT THE LEARNING DEVELOPMENT CENTRE

**All Student Workshops
October—December 2012**

Contact Us:

The Learning Development Centre
1st Floor Aston Library
Aston University
Aston Triangle
Birmingham B4 7ET

Website: www.aston.ac.uk/ldc

Tel: 0121 204 3040

Email: ldc@aston.ac.uk

Workshop Programme October - December 2012

This semester, the Learning Development Centre is launching a new series of workshops which are open to **ALL STUDENTS** and focus on a variety of academic skills. Each session consists of some tutor input, discussion and activities. There will also be time for independent study and an opportunity to discuss questions with an advisor. **Please note that you can sign up to the workshops a maximum of 2 weeks prior to each session.**

Workshop 1: Studying in Higher Education

Monday 8th October 1.00 pm - 2.30 pm (ref. no.468)

Thursday 11th October 10.00 am - 11.30 am (ref. no.469)

This workshop contains a number of activities and opportunities for discussion which will increase your understanding of some key aspects of studying in Higher Education.

Workshop 2: Time Management (Delivered by the Counselling Service)

Tuesday 23rd October 12.30 pm - 1.30 pm (ref. no.470)

Tuesday 6th November 12.30 pm - 1.30 pm (ref. no.471)

If you find you never seem to have enough time and that you are trying to cram everything into one day, this workshop is for you. You will have a chance to learn some of the skills that will help you manage your time more effectively!

Workshop 3: Dealing with Procrastination (Delivered by the Counselling Service)

Tuesday 30th October 12.30 pm - 1.30 pm (ref. no.472)

Tuesday 13th November 12.30 pm - 1.30 pm (ref. no.473)

If you find you tend to put things off, postpone or delay doing things, you will find this workshop very useful. You will have the opportunity to learn more about procrastination and especially about ways of reducing it.

Workshop 4: Managing Stress (Delivered by the Counselling Service)

Thursday 25th October 12.30 pm - 1.30 pm (ref. no.474)

Thursday 15th November 12.30 pm - 1.30 pm (ref. no.475)

It is hard to pick up a newspaper and not read something about stress. This workshop will explore the nature of stress, especially as it might affect students. There will be a chance to learn a number of techniques which can help you to reduce stress.

Workshop 5: Understanding Assessment and Feedback

Monday 12th November 1.00 pm - 2.30 pm (ref. no.476)

Thursday 15th November 10.00 am - 11.30 am (ref. no.477)

This session explores assessment feedback of written assignments. By discussing core assessment criteria, you will improve your understanding of the marking process and how to use feedback effectively to develop your academic writing.

Workshop 6: Group Work

Monday 19th November 1.00 pm - 2.30 pm (ref. no.478)

Thursday 22nd November 10.00 am - 11.30 am (ref. no.479)

Group work can be an effective teaching and learning strategy for enabling students' academic achievements and social cohesion. This session discusses the role and essence of groups and subsequently provides guidelines on how to develop group working skills and build effective groups.

Workshop 7: Poster Presentations

Monday 10th December 1.00 pm - 2.30 pm (ref. no.480)

Thursday 13th December 10.00 am - 11.30 am (ref. no.481)

Poster presentations are increasingly used for assessment in university, this session examines best practice for designing a poster in terms of structure, content and delivery.

You are also welcome to attend any of our other workshops, aimed at:

- **Undergraduate students**
- **International students (with some focus on English for Academic Purposes)**
- **Undergraduate dissertation students**
- **Postgraduate dissertation students**

For more information about the sessions, please see our Blackboard module, website or the relevant leaflet.